

Insomnia Relief Techniques

Global Roles, Median Salaries and Top Hiring Markets

Source: LinkedIn Economic Graph, Glassdoor (Global), Indeed Hiring Lab (2026)

Role | Median Salary (USD) | 5-Yr Growth | Top Hiring Markets

Sleep Medicine Specialist | \$210,000 | +12% | United States, United Kingdom, Canada

Clinical Sleep Psychologist | \$130,000 | +10% | United States, European Union, Australia

Corporate Wellness Sleep Coach | \$95,000 | +15% | United States, Singapore, United Arab Emirates

Digital Sleep Solutions Product Manager | \$150,000 | +18% | United States, Germany, Japan

Behavioral Health Research Scientist | \$115,000 | +9% | United States, India, European Union